

North Shelby School District

Wellness Program

The District is committed to the optimal development of every student and believes that for students to have the opportunity to achieve personal, academic, developmental, and social success, there needs to exist a positive, safe, and health-promoting learning environment at every level, in every setting, throughout the school year.

The NS Wellness Program outlines the District's approach to ensuring environments and opportunities for all students to practice healthy eating and physical activity behaviors throughout the school day. The Board of Education designates the superintendent as the wellness program coordinators. The wellness program coordinator, in consultation with the wellness committee, will be in charge of implementation and evaluation of this policy.

Wellness Committee:

Kim Gaines, Superintendent

Lauren Gander, District School Nurse

Kerri Greenwell, HS Principal

Monica Hinshaw, Elementary Principal

Kim McEwen, Food Service Coordinator

Brandy Uhlmeier, Board of Education

Cristy Jones, FACS teacher

Scott Gaines, PE teacher

Katie Vannoy, R.N. Shelby Co. Health Department

Lalaine Treasure, student

Ryann Gander, student